

# NEW PATIENT FORM

## DEMOGRAPHIC INFORMATION

Full legal name (*first, middle, last*): \_\_\_\_\_

What name do you go by? (if different from above): \_\_\_\_\_

Date of birth: \_\_\_\_\_ Race/Ethnicity: \_\_\_\_\_

Gender:  M  F  Other

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Employment:  Full-time  Part-time  Retired  Unemployed

Marital status:  Married  Divorced  Single  Other

Home phone#: \_\_\_\_\_ Cell phone#: \_\_\_\_\_ Work#: \_\_\_\_\_

Email: \_\_\_\_\_

Which do you prefer for confidential contact:  Home#  Cell#  Work#  Email

How did you hear about us? \_\_\_\_\_

Who is your current primary care physician? \_\_\_\_\_

Where do you see your primary care physician (contact info)? \_\_\_\_\_

Have you seen an acupuncturist before?  YES  NO

If yes, whom? \_\_\_\_\_ when? \_\_\_\_\_ for what? \_\_\_\_\_

Name of your primary medical insurance company: \_\_\_\_\_

Insurance ID/Policy/Subscriber number: \_\_\_\_\_

Name of your secondary medical insurance company: \_\_\_\_\_

Insurance ID/Policy/Subscriber number: \_\_\_\_\_

Do you have any other insurance plans?  YES  NO

Is your condition related to a motor vehicle accident?  YES  NO

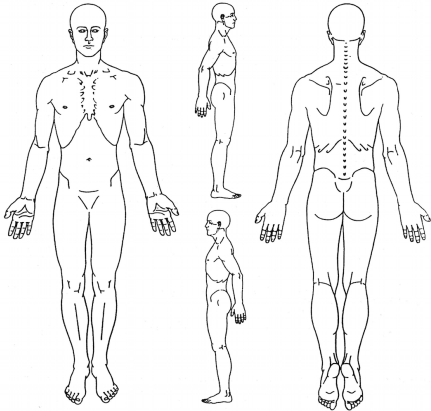
Do you have an open personal injury claim?  YES  NO

Do you require interpreter services? YES NO

# PAIN INVENTORY

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. On the diagram, shade in the areas where you feel pain. Put an X on the area that hurts the most.



What date did this pain begin? \_\_\_\_\_

How did the pain start?  Suddenly  Gradually

Have you had this before?  Yes  No

How frequent is this pain?

Constant (76-100% of the time)  Frequent (51-75% of the time)

Intermittent (26-50% of the time)  Occasional (0-25% of the time)

Have you seen your primary physician for this?  Yes  No

3. Please rate your pain by circling the one number that best describes your pain at its **worst** in the past 24 hours.

0   1   2   3   4   5   6   7   8   9   10  
 No Pain Pain as bad as  
you can imagine

4. Please rate your pain by circling the one number that best describes your pain at its **least** in the last 24 hours.

0   1   2   3   4   5   6   7   8   9   10  
 No Pain Pain as bad as  
you can imagine

5. Please rate your pain by circling the one number that best describes your pain on the **average**.

0   1   2   3   4   5   6   7   8   9   10  
 No Pain Pain as bad as  
you can imagine

6. Please rate your pain by circling the one number that tells how much pain you have **right now**.

0   1   2   3   4   5   6   7   8   9   10  
 No Pain Pain as bad as  
you can imagine

7. What treatments or medications are you receiving for your pain?  
 \_\_\_\_\_

\_\_\_\_\_  
 Patient Signature Date

\_\_\_\_\_  
 Patient guardian signature (required if patient is under 18 years-old) Date

## YOUR MEDICAL HISTORY

- |  |   |  |                                     |
|--|---|--|-------------------------------------|
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Spondylitis      | <input type="checkbox"/> Stroke          | <input type="checkbox"/> Hepatitis  |
| <input type="checkbox"/> Hypothyroidism  | <input type="checkbox"/> Rheum. Arthritis | <input type="checkbox"/> Heart Attack    | <input type="checkbox"/> HIV/AIDS   |
| <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> Osteoarthritis   | <input type="checkbox"/> Heart Disease   | <input type="checkbox"/> Hemophilia |
| <input type="checkbox"/> Hypertension    | <input type="checkbox"/> Scoliosis        | <input type="checkbox"/> Vasovagal Synd. |                                     |
| <input type="checkbox"/> Fibromyalgia    | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Cancer          |                                     |

Other(s): \_\_\_\_\_

### Female Reproductive Health

Number of pregnancies: \_\_\_\_\_ Number of live births: \_\_\_\_\_ Number of living children: \_\_\_\_\_

Is your menstrual cycle:  short (*shorter than 28 days*)  long (*longer than 28 days*)  irregular

Do you have  premenstrual irritability  premenstrual sadness/depression  painful period cramps

## SURGICAL HISTORY

Please list **any** surgeries including **reason and date**:

Date: \_\_\_\_\_ Procedure: \_\_\_\_\_ Reason: \_\_\_\_\_

Date: \_\_\_\_\_ Procedure: \_\_\_\_\_ Reason: \_\_\_\_\_

Date: \_\_\_\_\_ Procedure: \_\_\_\_\_ Reason: \_\_\_\_\_

Date: \_\_\_\_\_ Procedure: \_\_\_\_\_ Reason: \_\_\_\_\_

## FAMILY HISTORY

Please check any diseases in your family medical history. Indicate who has/had the disease in the space provided after each selection (eg.  Spondylitis: Mother )

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Diabetes: _____            | <input type="checkbox"/> Spondylitis: _____      | <input type="checkbox"/> Epilepsy: _____      |
| <input type="checkbox"/> Heart disease: _____       | <input type="checkbox"/> Rheum. arthritis: _____ | <input type="checkbox"/> Stroke: _____        |
| <input type="checkbox"/> High blood pressure: _____ | <input type="checkbox"/> Osteoarthritis: _____   | <input type="checkbox"/> Heart disease: _____ |
| <input type="checkbox"/> Fibromyalgia: _____        | <input type="checkbox"/> Scoliosis: _____        | <input type="checkbox"/> Cancer: _____        |

## SOCIAL HISTORY

Do you currently smoke tobacco?  YES  NO      Have you ever smoked tobacco?  YES  NO

If yes, when did you quit: \_\_\_\_\_      Do you have any history of substance abuse?  YES  NO

If yes, please describe: \_\_\_\_\_

Please list significant life changes in the past 5 years (*i.e. divorce, lost job, etc.*):

\_\_\_\_\_

## MEDICATIONS & SUPPLEMENTS

Please include ALL prescription medications and their dosage (eg. 300 mg 3x a day). You may also provide your own list.

Drug: \_\_\_\_\_ Dosage: \_\_\_\_\_ Reason: \_\_\_\_\_

Drug: \_\_\_\_\_ Dosage: \_\_\_\_\_ Reason: \_\_\_\_\_

Drug: \_\_\_\_\_ Dosage: \_\_\_\_\_ Reason: \_\_\_\_\_

Drug: \_\_\_\_\_ Dosage: \_\_\_\_\_ Reason: \_\_\_\_\_

Drug: \_\_\_\_\_ Dosage: \_\_\_\_\_ Reason: \_\_\_\_\_

Drug: \_\_\_\_\_ Dosage: \_\_\_\_\_ Reason: \_\_\_\_\_

List any supplements or over-the-counter medications you are taking

List any allergies or sensitivities (to medications, chemicals, or foods)

## REVIEW OF SYSTEMS

### General

- Insomnia
- Fatigue
- Weight loss
- Fever
- Chills

### Head Eyes Ears Nose Throat

- Headaches
- Vertigo
- Dizziness
- Vision changes
- Ringing in ear
- Loss of hearing
- Sinus infections
- Allergies
- Grind teeth at night
- Difficulty swallowing

### Cardiovascular

- High blood pressure
- Low blood pressure
- Palpitations
- Chest pain
- Irregular heart beat

### Respiratory

- Difficulty breathing
- Shortness of breath
- Cough
- Asthma

### Gastrointestinal

- Nausea
- Vomiting
- Diarrhea
- Acid reflux/GERD
- Blood in stool
- Rectal pain
- Hemorrhoids
- Constipation
- Gallbladder disorder

### Genitourinary

- Pain with urination
- Frequent urination
- Incontinence
- Blood in urine
- Urgent urination
- Hesitancy/Dribbling

### Musculoskeletal

- Pain
- Stiffness
- Muscle spasms
- Muscle twitching
- Muscle cramps
- Edema
- Arthritis

### Neurological

- Seizures
- Tremors
- Numbness/tingling
- Heaviness in limbs
- Paralysis
- Weakness

### Psychological

- Depression
- Anxiety
- Mania
- Stress
- Irritability

## TREATMENT RESTRICTIONS

***You must select one of the following:***

It is important that you let us know if any of the following conditions currently apply to you. **It is also important that you let us know if any of the following conditions becomes applicable during your course of treatment with us.**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Pacemaker             | <input type="checkbox"/> Pregnant               | <input type="checkbox"/> Faint easily          |
| <input type="checkbox"/> Electrical implants   | <input type="checkbox"/> Trying to get pregnant | <input type="checkbox"/> Food allergies        |
| <input type="checkbox"/> Metal implants        | <input type="checkbox"/> Breastfeeding          |  |
| <input type="checkbox"/> Bleeding disorders    | <input type="checkbox"/> Hepatitis A/B/C        |  |
| <input type="checkbox"/> Taking blood thinners | <input type="checkbox"/> Epileptic              | <input type="checkbox"/> None of these applies |

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Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

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Patient guardian signature (required if patient is under 18 years-old) \_\_\_\_\_ Date \_\_\_\_\_

## Informed Consent

I, the undersigned, understand that methods of treatment used in this practice may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, herbal therapy, massage, Qi Gong, and nutritional counseling.

I understand that acupuncture, moxibustion, electrical stimulation, and cupping are all safe methods of treatment. Potential risks include temporary bruising, swelling, bleeding, numbness and tingling, and soreness at the needling site that may last a few days. Unusual risks of acupuncture include dizziness, fainting or nerve damage. Infection is possible, although the clinic uses alcohol and sterile disposable needles and maintains a safe and clean environment. Potential risks of moxibustion health therapy are burns, blistering, or scarring. Temporary bruising or redness lasting a few days is a common side effect of cupping and gua sha. I fully understand that there is no implied or stated guarantee of success or effectiveness of a specific treatment or series of treatments.

I will notify the acupuncturist should I become pregnant or if I am in the process of trying to get pregnant so that my practitioner can avoid points and herbs that could induce miscarriage. Otherwise, Chinese medicine treatment can be very beneficial in the pregnancy and birthing process.

I understand that herbal and nutritional supplements recommended to me by my acupuncturist are safe in the recommended doses. Large doses of herbs taken without my practitioner's recommendation may be toxic, and some herbs are inappropriate during pregnancy. Some possible side effects of herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives and tingling of the tongue. I understand that I must stop taking any herbs and notify my acupuncturist as soon as I experience any discomfort or adverse reactions.

I understand that my acupuncturist may review my medical records and lab reports, but all my records will be kept confidential. If it becomes necessary to share my health information, this will be handled in accordance with the stipulations detailed in the Notice of Privacy Practices document that has been provided to me, and of which I have acknowledged receipt.

I understand that I can discuss risks and benefits further with my practitioner before signing if I so choose. However, I do not expect my practitioner to be able to anticipate and explain all possible risks and complications of treatment. I rely on the practitioner to exercise his or her judgment in my best interest during the course of treatment, based upon the facts then known.

I recognize that scheduling an appointment involves the reservation of time specifically for me, and that consequently a minimum of 24 hours notice is required to reschedule or cancel an appointment. I understand that I am responsible for the full appointment fee if I do not give 24 hours notification for missed appointments. I understand that insurance companies do not reimburse for missed appointments.

I understand that, though Godwin Acupuncture and Oriental Medicine may bill my insurance company on my behalf, this is a courtesy and that **it is my responsibility to ensure that all fees are paid.** I understand that, should my insurance policy fail to pay them, I am responsible for paying any and all fees.

In signing this form, I acknowledge any inherent risks, and give my consent for treatment, payment and healthcare operations received, incurred or carried out at this practice.

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Patient Signature

Date

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Patient guardian signature (required if patient is under 18 years-old)

Date

## Receipt of Privacy Practices

I. How we may use and share health data about you:

a) Treatment - To give you medical treatment or other types of health services. b) Payment - To bill you or a third party for payment for services provided to you. c) Health Care Operations - For our own operations such as quality control, coordination with your primary care physician, audit, etc.

II. Disclosures where we do not have to give you a chance to agree or object:

- a) To you
- b) As required by federal, state, or local law
- c) If child abuse or neglect is suspected
- d) Public health risks (for public health activities to prevent and control spread of disease)
- e) Lawsuits and disputes (in response to a court or administrative order)
- f) Law enforcement (to help law enforcement officials respond to criminal activities)
- g) Coroners, medical examiners and funeral directors
- h) Organ or tissue donation facilities if you are an organ donor
- i) To avert a threat to an individual or to public health safety

III. Disclosures where we have to give you a chance to agree or object:

- a) Patient directories - You can decide what health data, if any, you want to be listed in patient directories.
- b) Persons involved in your care or payment for your care - We may share your health data with a family member, a close friend, or other person that you have named as being involved with your health care.

IV. Other uses of health data: Other uses not covered by this notice or the laws that apply to us will be made only with your written consent.

V. You have the following rights relating to the health data we keep about you: a) Right to inspect your health record and to receive a copy of your health record upon request b) Right to amend information in your health record you believe is inaccurate or incomplete c) Right to know to whom we have disclosed your health information d) Right to ask for limits on the health information data we give out about you e) Right to receive communication from us about your health information in alternate ways f) Right to a paper copy of the complete Notice of Privacy Practices

**I acknowledge that I have received the NOTICE OF PRIVACY PRACTICES of this practice.**

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Patient Signature

Date

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Patient guardian signature (required if patient is under 18 years-old)

Date

## YOUR INSURANCE BENEFITS

I understand that though the provider may contact my insurance company to verify my benefits as a courtesy to me, understanding my insurance benefits including copays, coinsurances, and deductibles is my responsibility. I understand that I will be responsible for any amounts assessed by my insurance company including copays, coinsurances, and deductibles. I will pay those amounts in a timely manner.

\_\_\_\_\_  
Initials

## SCHEDULING

I recognize that scheduling an appointment involves the reservation of time specifically for me, and that consequently a minimum of 24 hours notice is required to reschedule or cancel an appointment. I understand that I am responsible for the full appointment fee if I do not give 24 hours notification for missed appointments. I understand that insurance companies do not reimburse for missed appointments.

\_\_\_\_\_  
Initials

\_\_\_\_\_  
Patient Signature Date

\_\_\_\_\_  
Patient guardian signature (required if patient is under 18 years-old) Date